

## OSTEOPATHY TESTIMONIALS

*“Francois, the work you did on me felt truly amazing. I don’t know what it is about you but I just felt different coming off that table. I now understand better what you do and can appreciate it so much more. Thank you, thank you, thank you! We look forward to continuing the treatment with you. It is 100% worth the drive to Jaffray.*

*I am just in awe about your treatment. I really wish I had come to see you during pregnancy as I was sad about the way delivery went and I feel like you could have helped me have a better experience. Sadly, I didn’t know about osteopathy then. I am so glad we found you now and feel so grateful to have such a greatly gifted man within reasonable driving distance to us. I have never felt such a fast, strong connection to any other alternative health practitioner before as I do with you. You make a difference in people’s lives and not everybody is as lucky as us to have access to such a great health practitioner”.*

— Sue Burgman, Blairmore, AB

*“My Journey with the Osteopath Francois Amigues started with me being sceptical. Let me tell you, it was the best decision I have EVER made!*

*I was struggling to conceive to the point that I was scheduled for In-vitro and had paid my deposit. The ob/gyn had gone to the point to say it was “impossible” for me to conceive naturally due to missing a fallopian tube and the other was blocked. I couldn’t give up although it was such a struggle to believe when you are told not to. I was trying anything I could to avoid the invitro process and was very open to meeting Francois to see what he may be able to do. I had seen him a few times and the last time I went he did an adjustment and said I more than likely would not conceive until the next cycle. Low and behold that is exactly what happened!*

*My daughter was born 8 months later. She was a very rough newborn on me. I know babies aren’t “easy” but every time I’d put her in her car seat she screamed! She also needed to be up and bounced all the time and barely slept. I was told by Francois that*

he'd like to see my baby before she was 3 months, so by 7 weeks we took her to see him. That appointment was in Jaffray from Cranbrook and my daughter screamed the whole way. Francois was AMAZING with her. He could get her to stop crying at any point by holding her just the right way. He spoke to her like she was another one of us in the room. She trusted him immediately. He adjusted her as she needed; apparently she had a tension in her neck, probably from delivery, that he released. I hadn't even noticed that she would only turn her head all the way to one side one way. On the way home she slept the whole way! She was honestly a different baby from then on.

Approximately a year and a half later we started trying to conceive again with no success so I booked another appointment with Francois. I kid you not; the EXACT same thing happened again, I was pregnant after the following cycle. I saw Francois the last little bit of my pregnancy to prepare for delivery and for support. He had adjusted my baby in utero and it was the most amazing feeling to have her relax completely inside. During our last appointment he said her head/neck needed to be adjusted out of the bad angle they were in. The moment I stood up I knew it wouldn't be long before she came as I could feel how she dropped right into position. I didn't realize how quick it would actually be as I started labour 3.5 hrs later! All in all I had a great labour and delivery until my baby was born. She had respiratory distress and had to be taken to the nursery... I couldn't believe my moment went from perfect to disastrous so quickly! I went into fight or flight mode and I knew I had to try to get hold of Francois, I knew it may be a long shot but I trusted he was the only one who could help.

He dropped everything to help and was there in 40 min! When he arrived at the hospital my daughter was 5 hrs old, on oxygen, hadn't nursed or slept. She was struggling to stay with us. She was just crying and gasping with the cpap mask on as she was almost purple. Immediately Francois started working on her ever so gently, and I was beside myself with gratefulness! After 3.5 hrs of him continuously working on her she was a nice pink babe asleep on his hands as he held her! Miraculous to a new exhausted mother! He then told us that her right lung was 2/3 collapsed and that he had released that tension and she was ok. He saved her!

We took her to see him when she was 5 days old for another treatment. She was doing incredible and didn't need anything major. While Francois was working on her, my 2.5

*year old was being... well a 2.5 year old and was exploring and fell down a flight of stairs. I couldn't believe this was happening and felt sick! I am so thankful that if this was going to happen it happened right there. Without even thinking Francois stopped what he was doing with my babe and took my oldest and adjusted her where she was hit so she would not be affected later. I went to put her down as we were finished and she wouldn't put her foot down. She just screamed saying her foot hurt. Francois took her foot to analyze it, made eye contact with my girl and pulled. There was the loudest pop noise; my daughter didn't cry but stared in amazement. I stood her up on the table and she started dancing! If that had happened anywhere else the average person would have taken their child to emergency, got an x-ray (radiation) got medication and be told to get her to take it easy. But instead it was a 30 second fix back to 100%.*

*I cannot say enough good things about seeing Francois and an Osteopath in general. My family now goes to him before we'd go to the doctor; I trust him completely and know he has our best interest at heart. He is truly passionate about his work. I only hope and wish on anyone else to experience this "new" treatment available to us in our area. We are so fortunate to have met Francois and he will forever be part of our family".*

— Tammy Wicheruk, Cranbrook, BC